



Port Psychology, Inc.

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Teletherapy Instructions

I use a videoconferencing platform linked at [Doxy.me/DrNagler](https://doxy.me/DrNagler) . This HIPAA compliant software is encrypted and Doxy.me assumes responsibility for keeping our videoconferencing secure and confidential. If you choose to work with me in teletherapy, I will send you a link to meet with me. There is no charge to use the website.

You will be responsible for clicking on the link and initiating the connection with me at the time of the appointment. I ask that you please sign on at least five minutes early to ensure we get started promptly. The link will take you to a virtual waiting room, and I will complete the connection at our appointment time. We will have a five minute tech check connection prior to our first teletherapy appointment.

If we get disconnected or the screen freezes, please exit and try to reconnect to the session. If we are unable to reconnect within five minutes, the most reliable backup plan is for you to call me at 978-462-3033. Please make sure you have a phone with you and that I have that number.

Tips for a more effective session: Set your cell phone to Do Not Disturb. Minimize background noises and assure no one is listening in with a Bluetooth device. Use a larger screen if possible and set up the camera angle and sound before the call.

It is recommended that you do not record our sessions due to privacy risks.

I have reviewed these instructions, have received a copy and have had an opportunity to ask any questions.

Signature

Date